



Okinawan Shorinryu Karate-do

MARCH 2018

*For the wages of sin is death, but the free gift
of God is eternal life in Christ Jesus our Lord*
Romans 6:23

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2 Bag/ Makiwara	3
4	5 Kumite Drills	6 BB class	7	8 Kata Drills	9	10
11	12 Sweeps/ Takedowns Belt defense	13 Kobudo	14	15 Judo \$3 donation	16 Kumite Drills	17
18	19 Kata Drills	20	21 Blackbelt Class 6:30	22 Yakusoku kumite	23 Defense class open to all	24
25	26 Sign-off	27 Sign-off YK	28	29	30 Good Friday Dojo Closed	31

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